

BETHSAIDA CHD

Centre for Health & Development

Bethsaida Health Centre, Musoma, Tanzania

Annual Report 2018



AFRICA

TANZANIA



TANZANIA - MUSOMA

BETHSAIDA



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1. Introduction

Bethsaida CHD is a non-profit Tanzanian registered organization (incorp. no. 60280) that operates a Health Centre with a Home Care Facility. The Health Centre offers both services at the center as well as at patients' homes during visits in accordance with health and social welfare policy and health practitioner's ethical standards.

2. Our mission and strategy

General goal:

Bethsaida CHD envisages offering equitable accessible and effective health services to people in our service area with efficiency to improve health and livelihood.

Our motivation and commitment:

Acknowledging our Government resource limitations and realizing the availability of poor, disadvantaged and vulnerable groups among us, we are determined to offer quality health services to all through:

- Public-Private Partnership arrangement with our local Government Authority and collaboration with all other stakeholders.
- Principles of equity where we offer services not only at the center but also through a Community Home care facility with a target exemption provision to unable to pay clients.
- Comprehensive and integrated approach by coordinating all activities in our strategic plans be it preventive, curative, rehabilitative, educative or health promotion in liaison with other health providers in the region.
- Quality Insurance Strategy where supervision, open performance appraisals and helpful client's suggestions are considered.
- Our Working Philosophy: we cling to practical and efficient working that manifest integrity, innovation, effective use of resources and ethical consideration for holistic development of Mankind.
- Our Services through Home care: following the Tanzanian Ministry of Health and Social Welfare guidelines (2005) and upon arrangement, we can offer Home Care in accordance with the available resources as follows:

Medical- and nursing care, Counseling and Testing, Palliative Care including pain management , Ensuring patients medical adherence, psychological- and social support, nutritional guidance & food support, preventive – and health education, support equipment for disabled patients.

3. Foundation Friends of Bethsaida

For Bethsaida we established in the Netherlands a new foundation with a charitable status which has the name Friends of Bethsaida. The meaning of this foundation is fund raising. For more information look at our website: : www.bethsaidachd.org

4. New Building

We made a good start with the new Mother- and Child Health Care building. The problem is that we could only get a building permit if we should make a big extension for deliveries. That means that it becomes much more expensive.



5. Volunteers

The Swiss physiotherapist Lisa Ringli arrived in January 2019. She will stay for 3 years and train a nurse from Bethsaida. We prepared for her a good room inside of Bethsaida which will be the Physiotherapy Room. The patients will thus be able to come for physiotherapy to Bethsaida meanwhile we also will deliver that service as part of Home Care visits.

Also there came two students of a Bachelor course for nursing of the University of Utrecht in The Netherlands for two months. If their feed-back is positive, we might have students each year from this University.

Because there are coming students or graduates who just finished their education as nurses, occupational therapists, or physiotherapists, we rented a house for them on 10 minutes walking distance from Bethsaida. This house is safe, has clean water and electricity. It has 3 bedrooms with a bathroom, a store, another small room and a kitchen.



Marieke and Tessa, the two nursing students from the Netherlands. Left: in one of the rooms in the new house. Right: in Minor theatre in Bethsaida.



Students in blue uniforms are students from het Lake Victoria Disability Centre

6. Services we offer

Health services at the Centre.

Medical- and Nursing care, Contraceptive and Cervical Cancer screening, Ultrasounds and ECG's, all laboratory investigations, Counseling & Testing, Palliative Care including Pain Management, Ensuring patients' Medical Adherence, Psychological- and social support, Nutritional Guidance & Food Support, Preventive and Health Education, Support equipment for disabled patients, physiotherapy.

Health services at home.

Bethsaida Health Centre offers Home care and physiotherapy to everybody who is not able to come to the Centre. It is all inclusive care, meaning there is no differentiation in the type of illness or disability a patient has.

7. Contact

Bethsaida Health Centre:

Office number: Tel. +255 786 235 626

In Charge: Mrs. Millicent Rabach

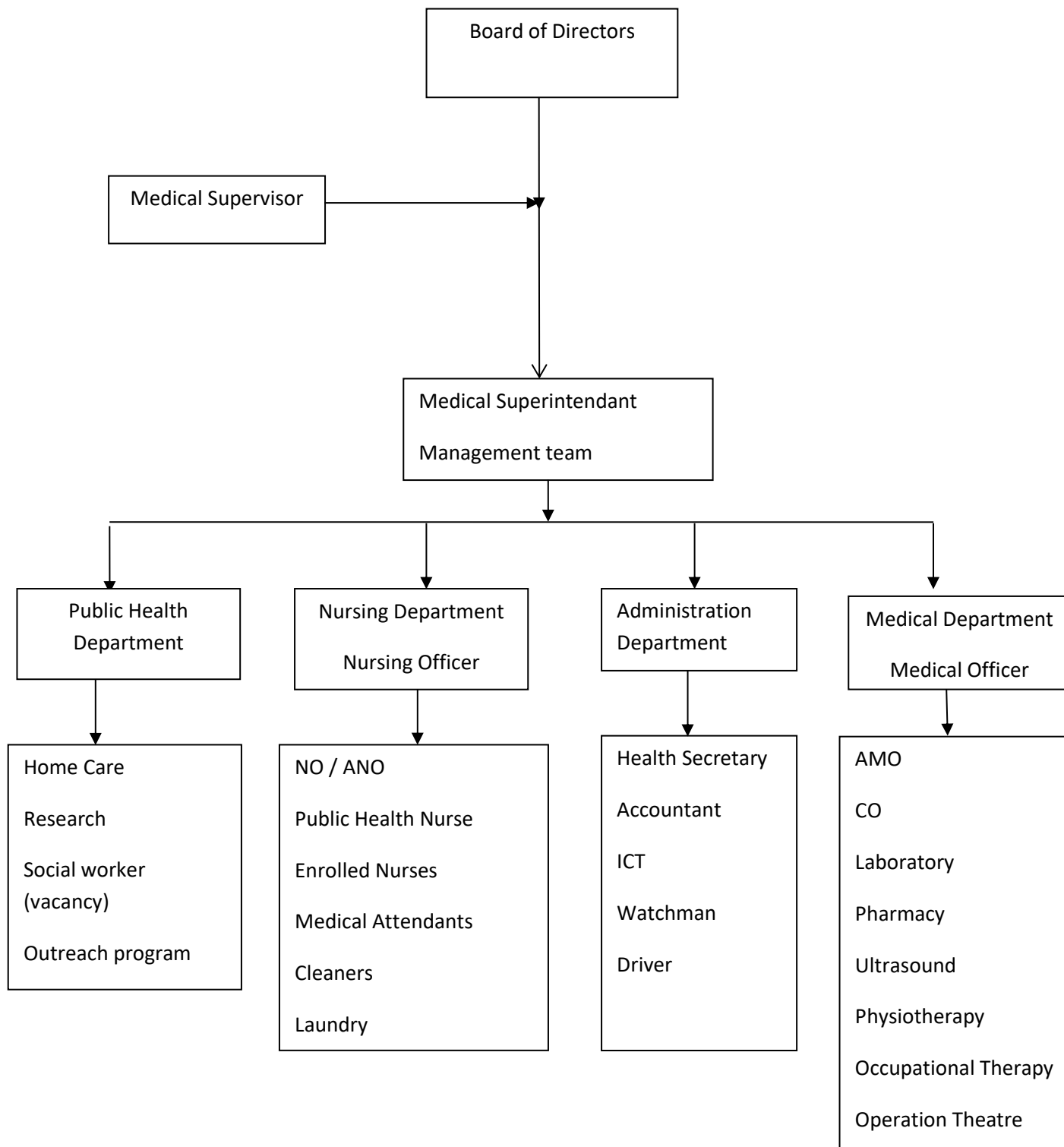
Adress: Chirangi Street, Kwangwa Area

P.O.Box 666, Musoma, Tanzania.

WEBSITE: WWW.BETHSAIDACHD.ORH

EMAIL: [SEE WEBSITE](#)

8. ORGANOGRAM BETHSAIDA CENTRE FOR HEALTH AND DEVELOPMENT



9. BETHSAIDA CENTRE FOR HEALTH AND DEVELOPMENT, THE ORGANIZATION

CO-DIRECTORS

Mr. Dr. Musuto Chirangi, Phd

Mr. Jumanne Magiri, MPH

Advisor to the board

Mrs. Elisabeth de Quant, BHA

MEDICAL SUPERVISOR

Dr. B.M. Chirangi MSc, MPH

MANAGEMENT TEAM

Dr. Byanza : Assistant Medical Officer (AMO)

Mrs. Millicent Rabach : Matron

Mr. Robert Mochomba : Accountant

Mr. Julius Nyassa : Lab Technologist



Every Monday and Friday Bethsaida gives Health Education on different topics to our clients and everybody who is interested. This service is given by a nurse (staying -white T-shirt) from the government.

10. Narrative Report about 2018



PPP

For the PPP we asked, the interference of the District Commissioner of both Musoma town and urban. He failed also. Later on we found out through APHTA, the organization for Privat Health Institutions, that no private institutions, either Hospitals, Health Centre's or Dispensaries have a Public / Private Partnership (PPP) with the government.

TRA claim

We made progress with the TRA claim. Hopefully this issue will be solved in 2019. Then we should also receive the letter of tax exemption. That will safeguard Bethsaida for these types of problems.

11. Home care

From September 2016 up to January 2017 the Dutch occupational therapist Lidwien Weitenberg worked in Bethsaida Home Care and helped many patients. Also from the budget from Running for Walking, she helped Bethsaida to accompany 4 children to see the orthopedic surgeon in Shirati Hospital. Three out of four children were operated and back on their feet again. For one an operation was not possible due to significant contractions.

In September 2017 Sjoukje Wethmar and Elisabeth de Quant made a follow up. There are still came children who can be helped with an operation. In the end of March 2018 the orthopedic surgeon visited again Shirati. He operated three of the children. For the others an operation was not possible. We were able to help:

1. Samuel Kiraka Shabani , 1 year
Clubfoot right leg.



2. Makunja Magesa (Adoption Program) 11 years: O-leg



Rafael with clubfoot on his right leg



12. Other stories and activities of Bethsaida

Millicent, the matron, went for outreach at Nyamatari area to look for new patients and to advertise that we do Cervical Cancer Screening and Treatment and to advertise Bethsaida. She was accommodated by the Kamnyonge Church and she performed 96 procedures. These services were given for free but the advertisement for Bethsaida was good. At that following week the attendance to Bethsaida was very high.

Every Monday and Friday Bethsaida gives health education on different topics to our clients and those who are there being our patients. Topics are such as malaria, methods of family planning, waterborne diseases, hygiene, cervical cancer, albinism awareness, schistosomiasis, maternal care and preparation before birth giving. All of this is announced in advance.

Since February 2018 we had 5 students from Lake Victoria Disability Centre, 3 ladies and 2 man. They are studying for medical attendant and they are here for 2 months. The main aim is to get practice.

There was a woman who suffered from severe pain in her abdomen for 3 years and was admitted in the regional hospital. When she came to Bethsaida for Cervical Cancer screening Millicent advised her to see Dr. Bituro. He did do a full examination. She also got an abdominal Ultrasound. She had an abdominal mass/tumor. She was referred back to the Regional hospital by Dr. Bituro for surgical intervention. She was very grateful to Bethsaida. Up to now she is doing fine.

The accountant was informed that our services are good with reasonable prices. Our policy according to ethical standards is good.

Hospital supervisors from local and central governments are always saying that Bethsaida is very clean compared to other Health Centre's. Last year we got one star, meaning we are doing well. The optimum amount a hospital can get is 5 stars.

There is a rumour going on in the neighborhood that Bethsaida is expensive, which is not so if we compare our prices to other Private Health Centre's. We also went to the area manager (Mwenyekiti) who said that the prices are normal.

A problem is that people are getting poorer compared to the past and the gap between rich and poor people is becoming bigger.

Bethsaida got another store for all kinds of supply. The present store is now only used for drugs.

Bethsaida got a qualified lab technologist. This makes it possible to register the lab.

PSI visited Bethsaida and they interviewed Millicent about family planning and long-term contraceptives.

Since last year Bethsaida has clean pipeline water from Spencon, a huge water clearance company in Musoma. We have now a water well (borehole), pipeline water and a rain

harvesting system. This is very good for hygiene, for the patients, for the autoclave and the laundry machine.



Rachel, paralyzed because of a Spina Bifida, in her new wheelchair. She needed to sign for it because it is borrowed from Bethsaida. Rachel is a girl we follow now for about 8 years.

13. New program in Bethsaida: Physiotherapy

As said above, the Swiss Physiotherapist Lisa Ringli arrived in January 2019. She will stay for 3 years and train a nurse from Bethsaida. We prepared for her a good room inside of Bethsaida which will be the Physiotherapy Room. The patients will thus be able to come for physiotherapy to Bethsaida meanwhile we also will deliver that service during Home Care visits. She will train one of the medical attendants from Bethsaida during these 3 years. After this Bethsaida has its own physiotherapy assistant and can continue with this new service.

Lisa brought a huge amount of physiotherapy materials with her, which is needed for all kind of exercises.

14. Challenges 2018

- Open a CTC Department. This is for Counseling and Testing persons who might be HIV infected. If we have room, this service will be established by the government. *We are waiting until the new building is ready. Then we can use the 3 small rooms from RCH.*
- Dentist, this will come after the new rooms are finished. By that time there will be room inside of the main building. *Not yet done*
- In May 2019 Millicent Rabach, our matron, will follow a course to make and read Ultrasounds. This will bring again an extra service to Bethsaida.

15. Donors in 2018

Our donors in 2018 were:

Dutch Women Mission Organization, The Netherlands
Mennonite Congregation in The Hague, The Netherlands
Gifts from individual persons in The Netherlands
Mennonite World Work, organization for solidarity and peace, The Netherlands
Foundation of Mama Cheza projects, Haarlem
Mennonite Foundation DOWILFO
Protestant Churches in The Netherlands:

- Rijswijk
- Maastricht

Church of our Saviour in The Hague

We thank God and everybody who is willing to support Bethsaida.

YOUR GIFT SAVES LIVES

16: Top ten of common diseases

1. Malaria
2. Urine Tract Infection
3. Diarrhea
4. Schistomiasis
5. Intestinal worms
6. Ameba dissentary
7. Anemia
8. Clinical Aids
9. Pneumonia
10. Pelvic Inflammatory Disease
11. Tuberculosis



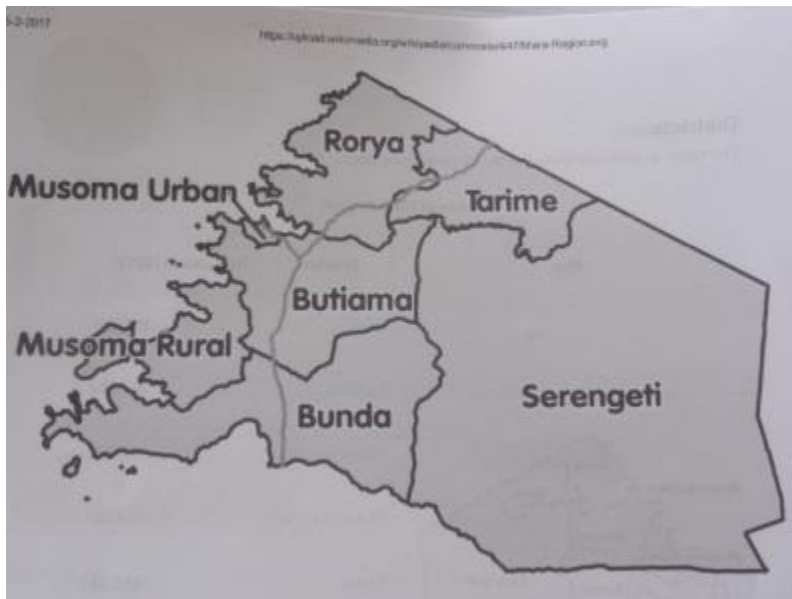
Tessa, student Bachelor's degree in nursing in the pharmacy

Besides laboratory reagent and other utensils, IV fluid, medical and nursing articles, it is very necessary to have always good and enough medication in stock for our pharmacy.

17: Special visitors

1. Public Service International (PSI) Mara: they came 4 times (quarterly basis) for supportive supervision about Cervical Cancer screening and Contraceptive procedures.
2. NSSF: 3x for discussions about payments.
3. Government Dar es Salaam: for data collection
4. NHIF Mara: they came 1 time for supervision.
5. RHMC (Regional Health Management team – RNO Mara): 1x for supervision: for quality improvement and baseline assessment.
6. Jipiego / USAid: 2 x for quality improvement and plan of action; they work with Nursing Departments; they do trainings on the job also.
7. Musoma Municipal Trade Officer: dealing with matters of procurement.
8. Manager of Health and Social Work from Dar es Salaam 2x for star rating assessment; Bethsaida got 2 stars out of 5
9. Aids Relief: 2 x for assessment about having a CTC; they brought HIV test kits for free.
10. Fire and Rescue Force: the fire extinguishers should be replaced. The expiry date is June 2019.
11. APHTA: they invited us about keeping good records. They come for data collection and supervision..
12. Peacemakers for Albinism for health education about Albinism to spread this knowledge in the area. Bethsaida treats them because of this knowledge in case they need medical treatment.
13. The medical supervisor Dr. Chirangi came several times for supervision.
14. PPP Coordinator Musoma, Yusuf G. Makena,
15. District Nursing Officer, with a team for supervision.
16. District Nursing Officer with a team for mentorship and supervision.
17. TRA: about claim
18. MMC: for Health Family Planning: they do sterilizations in Minor Theatre, 2x per year.
19. Drug and Food Authority: inspection of Drugs.
20. IPC: infection prevention Control, Mr. E. Honest. Came together with the PSI team.
21. Inter Team, Anne Kuijs, for orientation in relation with an application for physiotherapist.
22. Musoma Municipal: Fikiri Kenyela and Olivia Lawrence , ward executive officer, for environmental supportive supervision

18. Population Statistics Mara Region from the Census of 2010



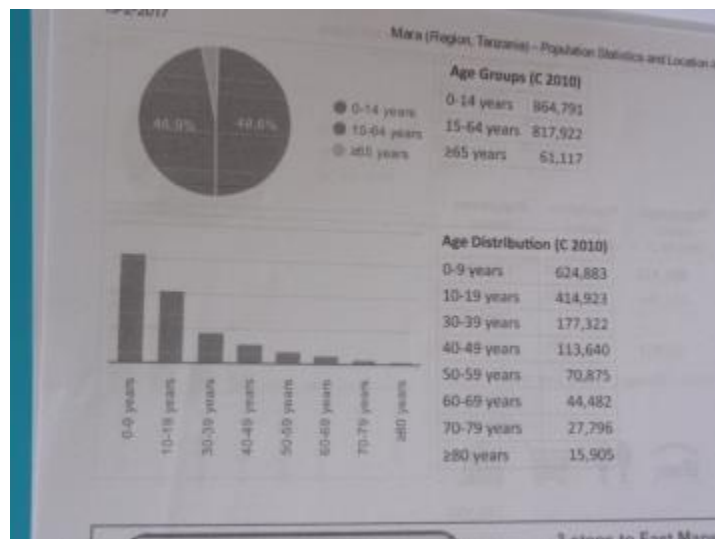
MARA Region

Age Groups (2010):

0-14 jaar: 864.791

15-64 jaar: 817.922

65 jaar en ouder: 61.117



19: Cooperation with other organizations

- Doopsgezind WereldWerk (dgWW, The Netherlands): general support.
- Mennonite Central Committee (MCC, The United States / Canada): in different ways.
- Municipality of Musoma: paying the Reproductive Child health Care Department, provision of supportive supervision and baseline assessment.
- Public Service International (PSI): for Family Planning and seminars for workers. Through this organization Millicent Rabach, the Matron of Bethsaida was trained for giving services as Long Acting Reversible Contraception (LARC) and Cervical Cancer Screening.
- APHTA: Association for Private Health Sector in Tanzania: representing the Private Health Care sector towards the government for matters as the PPP. Furthermore they help with medical materials, they organize relevant seminars. From APHTA I learned that in the whole MARA region of which Musoma is the \capital, there is no Private Health \institution like Bethsaida which has a Public Private Partnership signed with the local Musoma Government. APHTA organized many meetings with this local government and their members but up to today There was no concrete result.
- NHIF: this is the National Health Insurance Fund. We have a contract with them. 45% of all our patients are under NHIF.
- Anglican Church. They work on Home Care for HIV/Aids patients and when necessary they always bring their patients to Bethsaida.
- Musoma Referral Hospital, in all kind of ways.
- DMO, Dr. Honoratha, Regional Medical Officer (Mara).
- DNO, Mrs Nurath Hassan, District Nursing Officer (Musoma).
- RNO, Regional Nursing Officer (Mara). Mrs. Francis Mwanisi
- Lake Victoria Disability Centre, Musoma
- Mwenyekiti of Kwangwa area.